

Appendix 1: Household Economic Survey (HES) material well-being questions, with index indication

Question introduction	Question	EU-13	DEP-17	MWI
I'm now going to ask you about some things you may or may not have or do. Do you have	a meal with meat, fish or chicken (or vegetarian equivalent) at least each second day?	✓	✓	✓
	a good bed?			✓
	two pairs of shoes in a good condition that are suitable for your daily activities?	✓	✓	✓
	suitable clothes for important or special occasions?		✓	✓
	home contents insurance?		✓	✓
	access to a car or van for personal use?	✓		
Do you	have access to both a computer and internet connection at home?	✓		
	have a get together with friends or extended family for a drink or meal at least once a month?	✓		
	give presents to family or friends on birthdays, Christmas or other special occasions?		✓	✓
	usually have a holiday away from home for at least a week every year?	✓		✓
	have a holiday overseas at least every three years?			✓
I'm now going to read out a list of things some people do to help keep costs down. This is not about choosing to spend less. It is about being forced to keep costs down to pay for other basic things that you need. In the last twelve months have you had to do any of these to keep costs down? (Not at all, a little, a lot)	go without fresh fruit or vegetables?		✓	✓
	buy cheaper cuts of meat or buy less meat than you would like?		✓	✓
	continue wearing clothing that was worn out?	✓		✓
	postpone or put off visits to the doctor?		✓	✓
	postpone or put off visits to the dentist?		✓	✓
	do without or cut back on trips to the shops or other local places?		✓	✓

	spend less on hobbies or other special interests than you would like?	✓		✓
	put up with feeling cold?		✓	✓
	delay replacing or repairing broken or damaged appliances?		✓	✓
	delay replacing or repairing broken or worn-out furniture?	✓		
Does your accommodation, have no problem, a minor problem or a major problem with:	dampness or mould?			✓
	heating and/or keeping warm in winter?	✓		✓
When buying, or thinking about buying, clothes or shoes for yourself	how much do you usually feel limited by money available?		✓	✓
Imagine that you have come across an item in a shop that you would really like to have. It has a price tag of \$300. It is not an essential item for accommodation, food, clothing or other necessities – it is an extra	If this happened in the next month, how limited would you feel about buying it?			✓
If you (or your partner) had an unexpected and unavoidable expense of \$500 in the next week, could you pay it within a month without borrowing?			✓	✓
And what if you (or your partner) had an unexpected and unavoidable expense of \$1,500 in the next week? Could you pay that amount within a month without borrowing?		✓		
About how much money, on average, do you have each week for spending on things for yourself without consulting anyone else?		✓		
In the last twelve months, have any of the following	You could not pay electricity, gas, rates or water bills on time?	✓	✓	✓

<p>happened to you (or your partner) because of a shortage of money?</p> <p>(not at all, once, more than once)</p>	You could not pay for car insurance, registration or warrant of fitness on time?	✓	✓	✓
	You could not pay rent or mortgage on time?			
	You borrowed from friends or family to meet everyday living costs?		✓	
	You received help in the form of food, clothes or money from a welfare/ community organisation such as a church or foodbank?			
I would like you to think about how well (your/you and your partner's combined) total income meets your everyday needs for such things as accommodation, food, clothing and other necessities	Would you say you have not enough money, only just enough money, enough money, or more than enough money?			
I'm now going to ask you a very general question about your life. This includes all areas of your life, not just what we have talked about so far.	How do you feel about your life right now?			
Is the reason you don't have (...), because you don't want it, because of the cost, or some other reason	a meal with meat, fish or chicken (or vegetarian equivalent) at least each second day?			
	a good bed?			
	two pairs of shoes in a good condition that are suitable for your daily activities?			
	suitable clothes for important or special occasions?			
	home contents insurance?			
	access to a car or van for personal use?			
	have access to both a computer and internet connection at home?			

	have a get together with friends or extended family for a drink or meal at least once a month?			
	give presents to family or friends on birthdays, Christmas or other special occasions?			
	usually have a holiday away from home for at least a week every year?			
	have a holiday overseas at least every three years?			